

## Blood Disorders

### Blood Disorders 10# Testimonial:

Dear Herb Johnsen, Hello my name is **Lucia Cerullo** from Elizabeth, New Jersey. I am **19 years old** and I have a very **rare bleeding disorder**. I have been on Immunocal for 8 1/2 months and it has done great wonders for me. I would like to explain a little more about my bleeding disorder. It's called factor 5 deficiency, it's one in a million and it has these side effects: easy bruising, nose bleeds, gum bleeds, internal bleeding, and compared to a regular person it takes me longer to clot when I have a bleed. The reason why it takes me longer to coagulate is because I'm missing the factor 5 levels in my blood, which is a **clotting factor**. There is only one cure for my bleeding disorder, is by getting a **Plasma transfusion** of between 4-6 units depending on how bad my bleed may be. The only time I receive transfusions is when I have an internal bleed or a **severe nose bleed** and so on. I am glad to say that since the first few weeks I started noticing a great improvement with my body. I wasn't receiving as many **bruises** usually would get and if I had bruises they healed a lot faster than normal. I have also noticed a great deal of improvement in my coagulation. Like for example, before I was on this **Immunocal** and I were to have nose bleeds they would bleed spontaneously from like a half hour and so on and now if I get a nose bleed it stops in like 10 minutes the most. I also used to have many problems when they had to draw blood because my **veins** are so small, they used to roll or disappear. Now that has improved a great deal also the most they have to stick me is twice and with a whole lot less pain. One other major injury was when I had a bad fall and twisted my ankle and pulled my **calf muscle** and all my weight went into my left leg. I had many problems with my legs since this injury and I spent a lot of time in and out of the hospital but with Immunocal it has improved a lot. I am taking up to 3 or 4 bags a day and I see that it helps a great deal, in giving me energy and my **bruises** are decreased a great deal. Also I hardly have many bruises and I don't bleed much from my nose and I haven't had an **internal bleed** since the summer, which is really great. So I recommend this product for any body who is well or extremely ill you will see a great improvement with at least 2 or more bags a day. Lots of love, **Lucia Cerullo**

## Blood Pressure

### Blood Pressure 11 # Testimonial

**Blood Pressure & Thyroid** - February 2003 Today I received a fabulous letter (testimonial) from my brother and sister-in-law. Here's how it goes: They recently went to their family physician for a checkup. For many years my brother has been taking **various prescriptions for high blood pressure**. He has been taking two packs of **Immunocal** for the past one and a half months.. Last week his **blood pressure** reading was **111/71** - absolutely phenomenal The Doctor immediately asked what he had been doing differently and was told about the Immunocal he Doctor was amazed and told him to keep taking it. He also asked for information on the product. In addition, my sister-in-law has had problems with her **thyroid** for a long time. Her function tests over the years would fluctuate - sometimes high, then low - causing a variety of problems and complications. At this same visit the Dr said her latest test was **normal** .(She's been on two packs of Immunocal for a month or so longer than my brother) Just as they were leaving his office the Doctor reminded them to get the information to him asap. Herb - this warms my heart. Words cannot convey how fantastic this makes me feel. *I am on Cloud Nine* - Much love, **C**