

## Calcium

### Calcium Testimonial # 123:

Hi Nick, Just got word, my training was postponed until August so I'll be around for early weigh-ins on Friday and the meet on Saturday. I also wanted to thank you for some advice you gave me awhile back. About a year ago you told me about the calcium supplement you carry (looks like a little milk bottle) to help Michelle with her **broke arm**. Well a year later we finally found the right doctor; I'm beginning to lose faith in the medical profession. She underwent a procedure about six weeks ago. She had her ulna shorted and the angle modified to solve the problems she was having with her wrist. I found the second bottle of the **calcium supplements** that for some reason she never took and told her to take them. Her doctor is amazed at how **fast her arm is healing** and he believes she is a week or two ahead of what she should be. Thanks again for the guidance, you've always been there to give me sound advice on supplementation and once again, like always, you're right on the money. As a final note I'm finally starting to get some training sessions in again feels good to start moving the weights again. **Best Regards, Chris**