

My story starts back in the mid 80's. Doctors could not figure out where my pain was coming from. They soon told me the pain was all in my head. The pain felt like someone was pulling my belly button out of my back. It was not until a Pap Smear came back with abnormal cells that I got in to see a Gynaecologist. He told me that I needed to have laser surgery on my cervix. I told him I will be glad to have the pain go away. He told me there is no pain with this. He then suggested we do an exploratory while in there. I was soon diagnosed with Endometriosis.

Now my story begins. This will be the short version of the story. I did do my home work on Endometriosis ... from what I could figure out; it survives in the body with estrogen. So many women went out and had full hysterectomies. As soon as they were placed back on estrogen and there were any traces of endometriosis...yes it came back. This is so sad. So why have a hysterectomy. I did go ahead and have my uterus and cervix removed...still have the ovaries. Natural estrogen from my ovaries was my choice. After MANY arguments with many different doctors ... they wanted me to have more surgery and remove my right ovary. I said NO!!! They then went and tried to scare me by telling me that I would be on Pain Killers within 4 years and I would still have to have the surgery any how. That was back in the early 90's.

I was introduced to an herbal supplement I in 1990. What a gift this was!!! Been basically pain free ever since. My blood is as healthy as it can be...been told that by a doctor. The doctor was amazed and asked me what I was taking. Been told by many people that I am taking a placebo ... and I am fine with that, lol. The placebo is working! Because I have no uterus or cervix ... I was told I only had to have a female check up every 5 years. Fine by me. I guess not fine by all doctors. I have been removed from doctor's care because I will not come in every year... yes hard to believe.

I pretty much live with Alternative Health products. Once in a while I use an IBUPROFEN for the female issues. Today I use colon and parasite cleanses every few months. I use Herbal Supplements, [fibre](#) and [Aerobic Oxygen](#) daily. Recently been introduced to [Immunocal](#), [Xtra Sharp](#) & [Cherry Juice](#). Started this product last week. (August 28th) I now have my blood checked using "Live & Dry" blood testing. I am ALL about prevention.

Update – October 3rd, 2009 ...

Hello everyone ... day 10 has always been a HUGE horrible day for me if was not on my Herbal Supplement. Happy to report no pain!!! And I have more energy...

It kinda brings tears to my eyes...I am so grateful to the Herbal Supplement for those 19 years! Mixed feelings of my NEW found life without the Herbal Supplement? Need to focus on the road ahead with [Immunocal](#) ... I see many wonderful things about to happen health wise and financially! Thank-you Carol Ann for sharing...

October 20th, 2009

I have been off my herbal product of 19 years now for 4 weeks. Today I have pain. I felt so great for well over 3 weeks. I had made one change... went from [Immunocal Platinum](#) to the Original [Immunocal](#). Started back on the [Immunocal Platinum](#) yesterday at 5:00 PM. Woke this morning with NO pain!!! My body obviously needs the [Immunocal Platinum](#)... so I will stay on that from now on. I am also taking 1 tbsp of [Xtra Sharp](#) at 6:00 am and at noon, Bedtime 2 tbsp of [Cherry Juice](#), Breakfast I use [F.I.T.T.](#), and the [Pro-biotic](#) in the morning. **Margaret Mackay, Cochrane, AB**