

## Gout

### Information # 132

Define: ***Gout is one of the most common forms of arthritis (joint inflammation). It appears as an acute attack often coming on overnight. Within 12-24 hours there is severe pain and swelling in the affected joint. The skin over the joint may be red and shiny.***

The GOUT question. There are several reasons a person may be concerned about consuming a milk protein for this, mainly: (1) Animal fats, including from dairy, should be avoided; and (2) concern about purine from certain protein sources (namely meat). Let's give 3 reasons why the Gout sufferer should consider taking Immunocal: (1) Immunocal is fat-free; (2) whey protein is considered the Cadillac of proteins, the standard, so it does not cause the purine problem that meat does; and (3) a key problem of the Gout sufferer is the kidneys' inability to remove uric acid from the body. Recall that the body's master detoxifier is glutathione, and the only thing patented (and proven) to boost the glutathione is Immunocal. Remember the friend with the swollen liver (from agent orange) who reduced it back to normal since it has helped him detoxify? Got another good story today! A friend who has cirrhosis had a surgery awhile back to install a shunt, and has diabetes very bad as well. Finally, I helped her get started on Immunocal about 2 months ago. Today the doctor was checking out the diabetes and said that her high albumin levels dropped down to normal. He stated that he has never seen anything happen like that in his life! Now he made an appointment to have her liver function tested. I'll let you know how it goes!