

I have a few questions that I keep asking myself as I learn about this product.

1. Can my health get any better?
2. I feel GREAT, so why bother?
3. Is this a product you take when you get sick? A friend of mine needed extra help to actively fight off an illness ... this is a great product for her. As I read about this product, I am coming to understand we ALL need good Glutathione levels. That prevention starts with your Glutathione. No one wants to be in the position of actively fighting any illness.

#### **Tuesday August 18th, 2009**

Well... what the heck, I want good Glutathione levels too!!! Matol has cleaned my blood for 19 years and has given me a GREAT quality of good health. And I LOVE it and will continue to take Matol. 19 years with no medicine of any kind from a doctor.

Now that I have learned about the importance of Glutathione to my body...[Immunocal](#) and I are on a road to improving that.

#### **Saturday August 29th, 2009**

Glad to report some detoxing over the past week. I have a slight dull headache, flemmy throat and I am a bit sniffly. Most would say this is the onset of getting sick. IT IS NOT. I know my body very well. I am definitely detoxing. When starting NEW products you must pay attention, your body will talk to you...so please listen.

So bring on the detox! This only means I am getting healthier... 😊

#### **Update Nov 24th, 2009**

Cannot believe I am going to tell anyone about this... here it goes. For the past year I have noticed two receding hair spots in the high temple area on both sides of my head. I was **devastated!!!** Then one day, I was getting VERY frustrated with all these short hairs growing in the bang area...my hairline. Then I lifted my hair back to look at the, what I called, Horrifying bald spots. WOW... I cannot believe my eyes. There is short hair growing in these areas!!!! Excited I am. It has been a month since I noticed... the hair is 1" to 2" long in these areas and NEW hair is still coming in.

#### **April 28th, 2010**

I now only take Immunocal, Cherry Juice, Xtra Sharp, Vitamin D-3, ProBiotics, Omega 3, Fiber, Calcium and Minerals. FITT Shake first thing in the morning.

My receding areas are slowly filling in and the hair is growing longer. Now when the wind catches my hair, you do not notice the bare area any more.

**Margaret Mackay, Cochrane, AB**