

Parkinson's

Testimonial: # 60

Dear Dr. Petrosino: "March 1, 1996 a day I will never forget. It was the day I heard my neurologist say "Sorry doctor but you have **Parkinson's**." I was **59 years old** with a **fabulous dental practice**. I had achieved a level of success and respect throughout the dental community that most men only dreamt of achieving. I had planned another ten years of practice then to gradually retire. I was looking forward to traveling the world, winters in the south filled with golf and tennis, a special time of life to enjoy with my wife but with one word Parkinson's all had changed. My future was dark and frightening, and all future planning stopped. I was competitive and aggressive in sports, I enjoyed competition, but how do you fight a disease with no known cure? Self care had always been very important, as a family we eat according to the rules of proper nutrition. My dental office gave nutritional counseling to the patients. I exercised daily by playing squash and competing in the city squash league. I took vitamin supplements for over 30 years. How could I get **Parkinson's**? My attitude changed to "Why bother MY LIFE WAS OVER." You don't need to look after yourself if all you have to look forward to is sitting in a corner of a nursing home in a wheel chair shaking yourself to death. With movement disorder disease small simple procedures become major problems. Shoelaces, buttons, dressing, all become stumbling blocks. Walking, something that is so natural for everyone, now had become a major problem, getting worse with every passing day. My brain could not make my muscles work with the touch required for fine motor skills. This resulted in frustration that produced a deep and growing anger. I was handicapped and felt ashamed to be seen limping, I felt alone. But all that has changed, I do have a future and I will enjoy my old age. **HMS 90 (Immunocal)** is giving me back my future. I have been on **HMS 90** for one month and I know there are improvements, they are subtle but they are there. First thing in the morning and just before bedtime, when all the benefit of my Parkinson's drugs has passed, I find my walking has improved. I can tie my shoelaces and do up buttons faster and my fine motor skills have improved, but the biggest improvement is in my mental attitude, I have a positive sense of well being. I love life again. We do not know HMS 90's true potential. The body has the capability to repair tissue damage given the proper circumstances. There may be undifferentiated brain cells that can be adapted to produce dopamine or the brain may be capable of repairing cell damage if the immune system is restored to peak efficiency. By restoring the **immune system the body** will be able to repair itself. If one month has produced such a positive response just imagine the healing after one year of HMS 90, now think of the benefits possible after five years." Sincerely, **Murray Chantler Guelph**, Ontario September 20, 2002

Parkinson's Testimonial: # 61

Dear Dr. Petrosino: "I have had excellent results within a few days after I started taking Immunocal. My **energy level** is 3 times what it was and the **Parkinson's** medication is lasting longer between doses. I have even cut back slightly on the meds. I was having a **balance problem** and now I am not. I still have the "internal jittery" feeling late afternoon into the evening. I am taking a packet of Immunocal first thing in the morning with about 6 ounces of juice. Do you think it would help (or harm) me if I took a 2nd packet of Immunocal in the afternoon?"

Jim Reitano, Pawleys Island, South Carolina

Parkinson's Testimonial # 62

Glutathione is part of the body's defense system and protects us against the onset of many disease processes. It can also help to reverse certain conditions or symptoms, either temporarily or permanently. The following story

illustrates the apparent helpfulness of GSH supplementation in one particular case. Wally, a seventy-four year-old baseball fan, was diagnosed with **Parkinson's disease** in **May 1997**. His disease progressed quickly and his doctors placed him on Sinemet (carbidopa/levodopa). In November he began to experience severe headaches - presumably from the medication - and he discontinued it. Up to this point he had been a very active man, but now he deteriorated to the point where he could not get out of bed or even rise from a chair without help. He says movement felt like "walking in cement". He was constantly fatigued and soon needed a wheelchair to go outdoors. The doctors used other medications including Eldepryl (selegiline hydrochloride) and Requip (ropinirole hydrochloride). They helped slightly. In March 1998 he **started taking Immunocal**, a natural protein which raises GSH levels. After five days his headaches were gone. Within **two weeks his fatigue** has lessened. Two months later Wally was walking well again and was eventually able to visit the new Angels baseball stadium, Edison Field, and jog around the block. There was no other therapeutic intervention and seven months later his active lifestyles continued.

Parkinson's disease: 62 year-old Carol maintained an active legal practice until 1990. After a diagnosis of **Parkinson's disease** in 1986, she was able for a while to continue her career as a lawyer, but eventually had to quit. The stress was aggravating her symptoms and the symptoms were in turn increasing her stress levels. She was treated with a number of different medications but her health continued to deteriorate until she eventually needed help at home to carry out day-to-day tasks. She quit driving her car and stopped taking her daily walks, which she loved. Then, within **days of starting** to take a bioactive whey protein isolate she noticed **her strength returning**. Weeks afterwards she was once more exploring her neighborhood and nine months later she was driving again.

Parkinson's Testimonial # 63

Immunocal and my Parkinson's Disease Diary ~ Dr. Lynn J. Tomjack (Denver, CO) Status Report: August 6, 2005

Immunocal Works !!! ... the first (90) days

I first remember the onset of stiffness, the slowing of gait, and the gradual loss of physical mobility in early 1998. But a hectic business travel schedule and family illnesses, a personal divorce and hundreds of other priorities of life clouded and overshadowed the issues of Parkinson's in my life. I was simply too busy to be "bothered" by health issues! By 2004 the disease was rampant in my body! By mid-2004, Parkinson's was obvious to my close friends and business associates; everyone but me. I had stiffness in my right arm and leg ... almost total loss of mobility and range of motion in my right extremities. My stiffness was so great that in September, 2004 I started writing all my business correspondence and even taking my business project notes in shorthand LEFT HANDED !!! With the exception of signing checks and legal documents, I had forced myself to become a totally LEFT HANDED person !!! Talk about the ultimate denial of an illness.

Finally I looked in the mirror ... Parkinson's Symptoms were evident:

I experienced uncontrolled drooling ... uncontrollable urination frequency ... urinary accidents ... uncontrolled tremors and trembling motion in my right hand and leg ... blurred vision ... lost of strength in my right hand and fingers ... "glassy" eyes ... constant throbbing pain shooting from my right forearm up through the right shoulder ... lethargy ... depression ... constipation ... I had it all. In my early 30's ... (I am 56 years old now) ... I took shorthand at 150 words per minute and was able to type at over 100 words per minute.

Now, I took shorthand (left handed) and typed at a plodding 35 words per minute as my right arm laid virtually useless at my right side. I typed with only 3 fingers on my left hand. Whoever said Parkinson's was not a horrible disease.

December, 2004 ... my Parkinson's Diagnosis:

Christmas Eve, 2004 ... at the demonstrative urging of my daughter ... visiting from CA ... I made an urgent appointment with my personal physician in Denver ... an Internal Medicine MD. Dr. Hussain IMMEDIATELY checked me into Porter Hospital in Denver ... Dr. Hussain feared I either ... had / was a candidate for ... stroke or heart attack ... because of my body stiffness and related symptoms. Christmas Eve and most of Christmas Day, 2004 were spent in CAT scans, MRIs and a battery of heart and body tests. Literally \$12,500 later ... after the tests showed no stroke or heart complications ... I was transferred to my current Doctor ... Adam Wolff, MD ... a brilliant Neurologist who confirmed my diagnosis as classic Parkinson's. Below I have listed my medical treatment history with Dr. Wolff. I experienced some relief from the Parkinson's symptoms with the medication regimen, but overall for the most part, the major disease symptoms remained.

Current Rx History:

Day 3: 1-09-05	Mirapex ... (.125 mg) ... 3X per day
Day 30: 2-05-05	Mirapex ... (.50 mg) ... 3X per day
Day 62: 3-09-05	CARB / LEVO ... generic for SINEMET (25-100 MG) ... 3X per day
Day 64: 3-11-05	Mirapex ... (1.0 mg) ... 3X per day
Day 83: 3-30-05	REQUIP (1.0 MG) ... @ 3X per day ... generic for Mirapex
Day 97: 4-13-05	CARB / LEVO ... generic for SINEMET (25-100 MG) ... 3 per day
Day 98-99: 4-14/15-05	CARB / LEVO ... generic for SINEMET (25-100 MG) ... 3 per day REQUIP (1.0 MG) ... @ 2X per day ... generic for Mirapex
Day 100-101: 4-16/17-05	CARB / LEVO ... generic for SINEMET (25-100 MG) ... 3 per day REQUIP (1.0 MG) ... @ 1X per day ... generic for Mirapex
Day 102: 4-18-05	CARB / LEVO ... generic for SINEMET (25-100 MG) ... 6 per day REQUIP (1.0 MG) ... STOPPED TAKING
Day 192: 7-17-05	CARB / LEVO ... generic for SINEMET (25-100 MG) ... 6 per day (to present)

Supplements ... OK by Dr. Wolff (3-11-05)

- X Aspirin ... 81 mg / day
- X Vitamin C ... 1000 mg / day
- X Glucosamine / Chondroitin ... 1.05 g / 600 mg ... 2X / day
- X Calcium Softgel ... Vitamin D + Calcium + Magnesium + Zinc + Copper

Then a very dear friend of mine ... (an Immunocal distributor in Denver) ... Nan R. Schouweiler introduced me to Immunocal.

IMMUNOCAL: Bonded Cysteine Dietary Supplement (Nutraceutical)

Started taking ... (1 packet ... 10 grams / day) ... May 7, 2005.

Today is August 6th, 2005 ... (90) days after my first packet of Immunocal. Over 90% of my TOTAL pain is gone. My mental alertness has vastly improved. The Parkinson tremors have dissipated and are better than 90% gone. I am more alert and creative in my consulting work. My physical stiffness has significantly decreased ... I am able to "tap my fingers" rapidly both left and right hand ... at almost identical speeds ... for the first time in 3 years ... (my 80-year old mother traveled in July to Denver from South Dakota because of concerns over my health ... and she insisted on

countless pictures of me tapping my fingers rapidly together over and over.) The overall mobility of my right extremities improves each day.

My “quiet” decision to try Immunocal for (90) days:

I made the personal decision to start taking Immunocal on May 7, 2005 ... (1) packet a day ... faithfully ... at the insistence of my dear friend, Nan. I also made a personal decision NOT to tell any of my family I was taking Immunocal. Immunocal would be my (and Nan’s) private secret. In that way ... any placebo effect I might have ... would be known only to me. All other changes ... IF ANY ... caused by the Immunocal ... would HAVE to be noticed and observed by others ... none of whom knew I was taking Immunocal !!!

Immunocal vs Parkinson’s ... Results 111

- About (3) weeks into the Immunocal program ... (1) packet a day ... people started talking about significant changes: My son (Lee) told me I seemed more alert and my eyes were “not as glassy” as they used to be ... the “scaly” look was gone !!!
- My sister (a RN) called and said my “raspy” voice had cleared up and I also seemed much more alert !!!
- A close friend (Jim) ... noticed I seemed to be moving easier and “less stiff”
- My daughter called and said ... “Dad, your mental outlook has greatly improved ... you seem less depressed and melancholy !!!”

About (6) weeks into the Immunocal program:

- My league friends at the bowling alley remarked how much more smooth my bowling approach was and how much HARDER I was throwing the ball (RIGHT HANDED) ... than they could ever remember ... my bowling average from the fall league had also increased over (50) pins!!!
- Other friends remarked ... I was smiling more than they remembered in years ... I was actually walking more naturally and not dragging my right leg with my right arm “frozen stiffly” at my side

(3) months into the Immunocal program:

- My personal results (from my Parkinson’s daily diary):
 - + ability to sleep longer stretches and have deeper sleep
 - + almost total removal of all neck, shoulder, and arm pain
 - + regaining of majority of sense of balance and fluidity of movement on my right side
 - + ability to concentrate easier and in longer duration
 - + regained lost creative ability
 - + greatly reduced anxiety and depression
 - + restored positive mental health outlook
 - + restored sense of physical vitality
 - + greatly reduced voice faltering and unevenness in voice tones

Immunocal has given me back ... “Quality of Life” !!!

I know I am rambling ... but since April 18, 2005 ... my Parkinson’s RX medication has been unchanged ... and the **ONLY**

VARIABLE in my treatment ... has been the Immunocal !!!

My “Quality of Life” is returning ...

- (90%) of my mobility and range of motion has returned to my right arm, fingers, and leg
- My blood pressure (May, 2005) was 160 / 90 ... now with Immunocal ... it is 125 / 75
- I now take shorthand notes with ... either ... my LEFT or RIGHT hand

- The uncontrolled drooling has completely stopped
- The uncontrolled urinary “accidents” have completely stopped
- The dreaded Parkinson’s tremors are (90%+) gone
- The “throbbing” unceasing pain in my right forearm and shoulder is GONE !!!
- Constipation, lethargy, depression, melancholy ... GONE !!!
- Mobility and range of motion are returning to my right arm and leg ... proof of this is the fact that this 5-page memo was typed in less than 45 minutes ... when 2 months ago I was plodding ... typing with (3) fingers of my left hand while my right hand / arm lay “frozen” stiffly by my side
- My vision is no longer blurred ... I now can read the small print on my NIV Bible without glasses ... first time in years I can do that
- I play in a competitive (Over 50) baseball league ... and also a competitive (Over 60) baseball league ... and after (14) games this summer ... I’m hitting (.424) ... not bad for a 56-year old with Parkinson’s !!!
- In 2004 I would play a baseball game on a Sunday ... and it would take me a full week (6 days) to recover physically and be ready for the next game ... now after taking Immunocal for (90) days ... let me give you my physical schedule for the last (10) days:
 - Saturday ... July 23rd ... played (7) innings of baseball in 105 degree heat
 - Sunday ... July 24th ... played (9) innings of baseball in 103 degree heat
 - Monday ... July 25th ... walked 3.2 miles
 - Tuesday ... July 26th ... walked 3.2 miles
 - Wednesday ... July 27th ... bowling league
 - Thursday ... July 28th ... walked 1.5 miles
 - Saturday ... July 30th ... played (7) innings of baseball in 101 degree heat
 - Sunday ... July 31st ... played (9) innings of baseball in 100 degree heat
 - Monday ... August 1st ... walked 1.5 miles
 - Tuesday ... August 2nd ... walked 3.2 miles JULY 19, 2005 ... APPOINTMENT WITH DR. WOLFF, NEUROLOGIST:

Nan and I went for my most recent appointment with Dr. Wolff on July 19th. Dr. Wolff stated he had reviewed the Immunocal info Nan had provided him and he had also checked out Immunocal with his mentors in Chicago and at Stanford in CA.

Dr. Wolff examined me and reviewed my Diary notes since our last visit in April, 2005. He observed / noted that Immunocal seemed to be having a tremendously positive effect on my Parkinson’s treatment ... and was considering treating some of his other patients with chronic pain with Immunocal ... based on my experiences. Dr. Wolff ... citing my positive results with Immunocal ... stated that it was his recommendation that I continue on Immunocal and not change my RX medication and check back with him in another 90 days.

Dr. Wolff also stated that Immunocal would also pose no health threats to my daughter ... who started taking Immunocal for her MS ... 5 days ago.

restored 75% of finger dexterity in right hand and fingers + eliminated constipation

Final Comments about Parkinson’s and Immunocal:

Friends ... family ... loved ones ... all who suffer from physical pain and afflictions... GOD is the only true physician ... the only true healer ... this is my unwavering belief !!! Only he can restore our total health ... but I personally thank God for Immunocal ... I believe that this natural product is a Godsend for me personally.

My suggestion ... contact a Distributor!

My final recommendation: If you ... or someone you love ... HURTS ... try Immunocal faithfully for (3) months ... and make your own decision for your personal health. WHY am I so enthusiastic about Immunocal ... because Immunocal gave me dignity and my "quality of life" back ... in spite of Parkinson's ... praise God !!! Sincerely, **Dr.**

Lynn J. Tomjack

Denver, CO August 6, 2005