

Pulmonary Fibrosis

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About 25 years ago I was diagnosed with Pulmonary fibrosis and 15 years ago the specialists told me I had MAYBE 10 years to go. I had two or three bouts of pneumonia every year and I couldn't go up two stairs without stopping to catch my breath. I endured twenty years of poking and prodding, cat scans every three months, chest x-rays monthly and ultimately, prednisone (which nearly killed me, put on 60 pounds, messed with my brain and lost me two years of mental ability). I had a lung biopsy and all manner of other tests. The usual response was, you are too young to be progressing at this rate (I have 50% lung function) and we must monitor you closely. What a load of crap, saying they had to look at me regularly while being unable to say what it was caused by or what they could do about it.

Teri spent a year trying to get me to take Immunocal. I finally agreed (to get her off my back) and as they say - the rest is history. I knew within 3 weeks that it had made a difference and within three months that it would be a lifetime commitment. I can walk and talk at the same time now and am enjoying a newfound freedom - able to do modest aerobic activity and best of all - no pneumonia for almost 7 years!!! I hope this inspires other lung patients to take the leap of faith and get back on the road to life.

Cheers, Robin Husband