

## **Stress Testimonial**

Dec 17, 2009: Along with my father, I have been a caregiver for my mother since this past April. My mom was diagnosed with both lung and bone cancer back in January 2009. Instead of going the traditional route of chemo we decided to go the natural way with the exception of 2 different sessions of radiation treatments, one at the end of April and one in the middle of August both for the bone cancer in two different places. At the end of July mom ended up in the hospital with a fractured right hip due to the cancer and radiation treatment so she was there for 5 and a half weeks during that time they found another tumor located on mom's spine...so off to Edmonton we went for the second go around of radiation treatments (5 treatments). Anyway to make a long story short mom landed in the hospital yet again in November for 2 weeks at which time they found a second tumor on the spine, they said no radiation this time and surgery would kill her so they put her on steroids to help shrink the tumor...mom has also been on Immunocal since August 16, 2009, when mom got out of the hospital this time I started her on 7 packs Immunocal a day. Needless to say this has been a very stressful/overwhelming/frustrating time and I thank God and Immunotec every day for PNT 200 it has kept me calm when I would have normally lost it, with the exception of the occasional breakdown, PNT 200 has been my best friend, it works fast and it WORKS! **Nicky Ehrler, Penhold, AB**

## **Stress/Nervous Stomach Testimonial**

Dec 22, 2009: These wee little capsules are amazing. I have a nervous stomach. The only way I can explain what it feels like ... is that I feel like I am vibrating inside my body. It will happen at any given time from grocery shopping to multi-tasking a project with work. I was told about the PNT by a friend; she called it the "Chill Pill" and explained that it works on the same concept as a warm glass of milk. So I have been trying them when I start to feel that vibrating feeling. WOW ... within 15 minutes there is a calmness that comes over you. Not a sleepy feeling but a feeling of calm with energy. I feel like my thoughts are easier to process because I am not so nervous.

Near bedtime my feet and legs have started bothering me. It feels like I have to stretch them out but it does not help. So I am trying an experiment of my own. 30 minutes before the lights go out to sleep; I take my 2 tbsps of Cherry Juice, 2 PNT and 2 Calcium. Only been doing this for 3 nights ... so far my feet/legs are not bothering me while I lie in bed. Keep you updated on this experiment. **Margaret Mackay, Cochrane, AB**